

## Preparation Companies

Below are a list of companies that will assist with preparing your home for treatment. The cost of the preparation service may be up to you to pay.

The Housing Help Centre does not endorse any of these companies. They are for reference purpose only.

ResQ Canada	289-489-0678
Truly Nolen	1-888-832-4705
Petty Pest Control	289-439-4343
Thermall Pest Control	905-390-1809
Rat Lab	1-844-944-0844
Terminix Pest Control	416-889-5585
Embro Pest Control	905-578-9494

## Community Resources

### Public Health Bed Bug Reporting

905-546-3570

### Hamilton Community Legal Clinic

905-527-4572

### Hamilton Housing Help Centre

905-526-8100

### Landlord and Tenant Board

1-888-332-3234

### HALO Home and Life Organizers

519-465-6625

### YWCA Developmental Services

905-522-9922

### Gatekeepers

905-527-3823 Ext 279

### Niagara Local Health

905-684-9441

### Helping Hands

905-546-3057

### Victoria Order of Nurses

905-529-0700

# Bed Bug Tool Kit for Community Agencies



**Housing  
Help Centre**  
Hamilton & Area

119 Main Street East

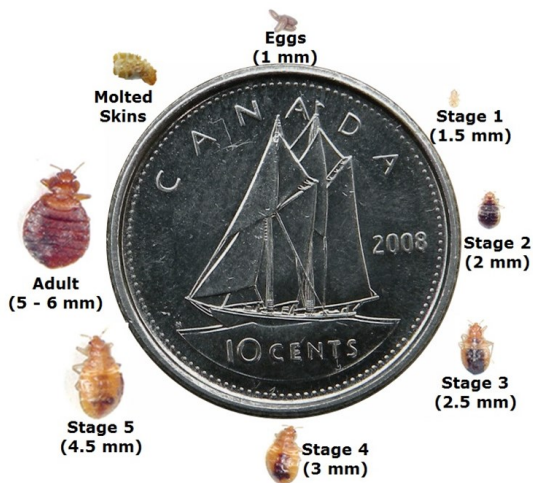
Phone: 905-526-8100

Fax: 905-528-1448

## What are bed bugs?

- Bed bugs are parasites that feed on blood
- For a bed bug to go through all life stages, from egg to adult, it takes approximately 5 to 6 weeks
- Bed bugs have to feed in order to move from one life stage to the next
- Bed bugs are attracted to carbon dioxide; they are not attracted to clutter
- Adult bed bugs are approximately the size of an apple seed and are reddish-brown in colour
- Bed bug eggs are approximately the size of a pin head, are white in colour and look like a grain of rice

## Bed Bug Life Stages



## Tenant Responsibilities

- Advise landlord when bed bugs are found in their unit
- Cooperate with the landlord and pest control company to ensure preparation and treatment occur
- Allow landlord and pest control company access to their unit for inspections and treatments
- Prepare the unit for treatment
- To not blame or shame others who have bed bugs or may have brought bed bugs into their home

## Landlord Responsibilities

- Work collaboratively with the tenant and pest control company to ensure both preparation and treatment occur in a timely manner
- To ensure that they follow through on their duty to accommodate in situations where tenants need additional assistance and not providing such could lead to discrimination
- To pay for the treatment costs
- To not blame or shame their tenants for having bed bugs

## Myths Vs. Facts

Myth	Fact
Only dirty people get bed bugs.	Bed bugs are attracted to carbon dioxide and blood, the cleanliness of a person does not matter.
Bed bugs can jump and fly.	Bed bugs do not jump or fly, they can only crawl.
I don't have bites so I don't have bed bugs.	About 50% of the population does not react to bed bug bites.
I need to throw out all my clothes, my bed and my couch.	Clothes can be laundered. Beds and couches can be treated by the treatment company.
Bed bugs are only found on the bed.	Bed bugs are found where people spend the majority of their time.
Bed bugs cannot live if they do not feed.	Bed bugs can live up to a year without feeding.
Bed bugs cause the spread of disease.	There is no known documentation of bed bugs spreading disease.
Bed bugs cannot be seen by the naked eye.	Bed bugs can easily be seen by the naked eye.
Bed bugs are only active and bite at night.	Bed bugs are active all times of the day and will bite any time during the day.
Bed bugs can be treated with store bought products.	These products are not effective. The best way to treat is to have a reputable treatment company treat the home.